



# CHULLA VIDA

## RESTAURANT

TASTE OF ECUADOR AND MORE

MENU

## BREAKFAST - CHULLA VIDA

### **El Guayaco** \$20.5

Mashed green plantain with chicharrón, cheese, Colombian sausage, chesse sauce, and two eggs.

### **Bolón de Verde Clásicos \***

Mashed green plantain dumpling balls served with cheese and two eggs.

De Queso \$15

De Chicharrón \$16

Mixto (Cheese & Chicharrón) \$17

Add Seco de Pollo o Chivo +\$4.5

Add Seco de Costilla de res +\$5



### **Desayuno Montubio** \$20

Mashed green plantain with cheese, bistec, peppers, onions, tomatoes, and eggs.



## APPETIZERS - ANTOJITOS

### **Maduros**

Fried sweet plantain. \$6

With Cheese Sauce. \$9

### **Salchipapas** \$9.5

French fries with beef frankfurter.

### **Calamari & Yuca** \$14.5

Fried calamari and yuca, served with curtido and tartar sauce

### **Chicharrón Picado** \$9

Crispy fried pork belly pieces, served with ají criollo on the side.

### **Empanadas de Carne & Pollo (3)**

Turnovers served with curtido and ají criollo.

Beef \$11

Chicken \$10

### **Empanadas de Queso (3)** \$10

Cheese turnover, dusted with sugar.

### **Patacones (8)**

With Cheese. \$7.5

### **Humita (1)** \$7.99

Traditional Ecuadorian corn and cheese, wrapped in corn husk and steamed.

### **Llapingacho** \* \$12.5

2 stuffed potato patties served with eggs, avocado, sausage, and peanut sauce.

### **Chicharrón con guacamole y Patacones** \$19

Crispy fried pork belly pieces, with guacamole and fried plantain

### **Canastas Encocado de Camarón** \$13.5

Green plantain baskets filled with shrimp, house sauce, and curtido.

### **Canastas de Camarón** \$13

Green plantain baskets filled with shrimp, house sauce, and curtido.



### **El Parcerito \*** \$24.5

Grilled steak with chicharrón, sausage, rice, beans, yuca cake, avocado, sweet plantain, and a sunny-side-up egg.

### **Guatita** \$19

Beef tripe stew with rice, sweet plantains, and curtido.

## ENTRÉES

### **Churrasco \*** \$21

Grilled steak sautéed with tomatoes, peppers, and onions, served with rice, a sunny-side-up egg, French fries, avocado, and curtido.

### **Tonga Manaba** \$24.5

Free-range chicken in a rich peanut and plantain sauce, served with rice and sweet plantain wrapped in a banana leaf.







### Moros Chulla Vida

Seasoned rice, stewed beans, cheese sauce, sweet plantains, and choice of meat:

Grilled Chicken	\$21
Grilled Pork chop	\$21
NY Steak	\$22.5
Ecuadorian- Style pork (fritada)	\$21



### Sartenazos Chulla Vida

Rice, beans, sausage, fried plantain, choice of meat:

Grilled Chicken	\$21.5
Grilled Pork chop	\$21.5
Ecuadorian-Style	
Fried Pork (Fritada)	\$21
NY Steak	\$22.5

### Bandera Tri-Color \$21.5

Guatita (beef tripe in peanut sauce), shrimp ceviche, and chicken stew, served with rice, avocado, and sweet plantain.

### Carne Asada \$21.5

NY Steak, with rice, beans, sweet plantain, and curtido.

### Chaulafan \$21

Ecuadorian fried rice with chicken, shrimp, pork, green onion, and eggs.

### Picada de Mariscos \$34

Fried tilapia chicharrón, calamari, grilled shrimp, breaded shrimp, fried yuca, fried plantain, and chimichurri sauce. (serves 2)

### Picada de Carne \$29

Pork chop, grilled chicken, sausage, NY Steak, fried yuca, fried plantain, and chimichurri sauce. (serves 2)

### Pollo al Grill \$20

Grilled chicken with rice, beans, curtido, and sweet plantain.

### Fritada Nubecita \$20

Ecuadorian-style fried pork, llapingachos, white corn, toasted corn, and curtido criollo.

### Seco de Chivo \$20.5

Goat stew served with rice, curtido, and sweet plantain.

### Seco de Costilla (Res) \$21

Rib beef stew served with rice, and sweet plantain.

### Seco de Pollo \$20

Chicken stew served with rice and sweet plantain.

### Lomo Saltado Chamba \$22.5

Flambéed Sirloin steak, peppers, onions, and tomatoes served with rice and French fries.

+ Chicken \$3 | Shrimp \$5 all three \$27



## SEAFOOD



### Barquito Chulla Vida \$69

Grilled shrimp, fried calamari, shrimp ceviche, whole fish, breaded shrimp, fried yuca, fried plantains, and chef's sauce. (Serves 2-3)

### Encocado de Camarones \$21

Shrimp in coconut sauce with rice, avocado, and green plantain.

### Encocado de Pescado \$20

Tilapia in coconut sauce with rice, avocado, and green plantain.

### Encocado Mixto \$24.5

Tilapia, shrimp, calamari, and clams in coconut sauce with rice, avocado, and green plantain.

### Pescado Frito Pompano (Carita) \$24.5

Pan-fried Pompano with rice, beans, green plantains, and salad.





### Ceviche Peruano 🌿 \$23

A Peruvian signature dish, fresh fish marinated in lime juice, accompanied by sweet potato, onions, choclo, and fried corn.  
+ Mixed (add shrimp) \$26

### Ceviche Ecuatoriano 🌿 \$20

Traditional Ecuadorian ceviche with toasted corn, rice, and fried chifles.

### Tilapia Frita 🌿 \$22

Pan-fried tilapia with rice, beans, green plantains, and salad.

### Camarones Empanizados \$21

Breaded shrimp with rice, beans, green plantains, and curtido.

### Camarones al Ajillo 🌿 \$21

Shrimp in garlic sauce with wine, rice, onions, heavy cream, fresh parsley, curtido, and green plantains.



### Arroz Marinero 🌿 \$27

Classic coastal Ecuadorian dish with yellow rice, vegetables, shrimp, snow crab, calamari, mussels, clams, langoustine, and baby octopus.



## SOUPS

### Caldo de Patas \$20

Traditional Ecuadorian soup made with cow feet, chickpeas, yuca, and hominy.



### Encebollado 🌿 \$22

Traditional Ecuadorian tuna fish soup with onions, tomatoes, toasted corn, served with chifles or rice.

+ Mixed (add shrimp) \$26

### Caldo Costilla de Res 🌿 \$21

Rib beef stew, yuca, corn, plantain, and rice

### Caldo de Gallina Criolla \$21

Ecuadorian farm-fresh hen soup with boiled egg, rice, yuca, and cilantro (free-range).



## SALADS & VEGETARIAN DISHES

### Chulla Vida Ensalada Fresca 🌿 \$13

Traditional fresh salad featuring tomatoes, red peppers, red onions, avocado, and cheese, served with a fresh lime vinaigrette.

+ Chicken \$15 | Shrimp \$18 | Steak \$18.5

### Vegetariano Vida \$16

Rice, beans, llapingachos, sweet plantain, yuca cake, and curtido.

## KIDS MENU



### Arroz con Huevo & Beans \* \$10

Sunny-side-up egg with rice and beans.

### Jared's Cheeseburger \$10

Served with fries.

### Chicken Tenders \$10

Served with fries.

### Salchipapas \$8

Fries with beef frankfurter.



## DESSERTS

### Pastel Tres Leches \$8

### Volcán de Chocolate \$9

### Chimborazo Ice Cream \$11



# WEEKEND SPECIALS

Friday-Sunday Only

## Sopa Marinera \$27

Seafood soup with calamari, shrimp, tilapia, octopus, clams, crab legs & rice.



## Cazuela de Pescado 🎲 \$24

From the coast Manabi, tilapia fish casserole made from green plantains in peanut sauce with rice & curtido.  
+ Mixto (add shrimp) \$27

## Ceviche Jipijapa 🎲 \$22

Fresh fish marinated in lime juice with peanut sauce, red onions, green peppers, cucumber, tomatoes, avocado & green plantain.



## Mar y Tierra 🎲 \$27

NY steak, grilled shrimp, rice, bean, guacamole & curtido.

# SIDES

PATACONES	\$6.5
CAMARONES	\$7.99
SECO DE POLLO	\$7.5
PAN	\$2.25
SECO DE CHIVO	\$8.5
SECO DE CARNE	\$8.5
GUATITA	\$8
MOTE CHOCLO	\$5.99
AVOCADO	\$5

COLOMBIA SAUSAGE	\$7
FRENCH FRIES	\$4.99
MADURO	\$4.5
MOTE	\$6
BEANS	\$4
YUCA FRITA	\$8
RICE	\$4
1 EGG	\$3

Almuerzos (Lunch)  
Lunes a Viernes 11am - 3pm



# DRINKS

**Smoothies With Water** \$5.5  
**Milk** \$6.5

Passion Fruit (Maracuyá)  
Blackberry (Mora)  
Tree Tomato (Tomate de Árbol)  
Mango

**Coffee & Tea**

Morocho \$7  
Coffee \$3.99  
Hot Tea \$4  
Milk \$3

**Soda (Fountain Drinks)** \$3.75  
(free refill)

Coca-Cola  
Diet Coca-Cola  
Fanta  
Sprite  
Limonada  
Té Helado

**Juice & Water**

Apple | Orange Juice \$4.8  
Guitig Water \$3.5  
Bottled Water \$2

**Latin Bottle Beverages** \$4.5

Manzana  
Tropical  
Inca Kola \$4.5  
Fioravanti  
Colombiana  
Pony Malta  
Postobon (colombiana)

**Jarritos** \$4.25

Naranja  
Tamarindo  
Limón  
Piña  
Sangría  
Coca mexicana \$4.5

**Agua de Jamaica** \$5

**Avena** \$6.5

Hot oatmeal drink (available hot or cold)

Thank you for dining at **Chulla Vida Restaurant!** For parties of 6 or more, an 18% gratuity will be added. We appreciate your support!



Contains Peanuts



GF

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

**¡Celebra tu cumpleaños con nosotros!**

Invita a 6 amigos y, si cada uno ordena un platillo, todas tus bebidas serán gratis.  
Ven y disfruta tu cumpleaños con Chulla Vida  
(Promoción válida solo para el cumpleaños).